

Ages 13-14 Youth Basketball Schedule

Mecklenburg County Youth Sports Philosophy

To provide an environment for children to learn the fundamentals of sport while emphasizing the importance of teamwork, sportsmanship, physical fitness and fair play.

*Mecklenburg County has a **Zero Tolerance Policy** for coaches, participants, parents and spectators with regard to misconduct and/or inappropriate behavior.

The <u>Youth Sports Information and Inclement Weather Hotline (704) 432-3834</u> will be updated on Friday evenings by 5:00pm and on Saturday mornings by 8:00am.

INFORMATION

League Rules – Can be located at www.ParkandRec.com on the youth basketball web page http://charmeck.org/mecklenburg/county/ParkandRec/Athletics/YouthAthletics/Pages/Basketball.aspx Please be sure that you have read and understand our rules and code of conduct.

Tuckaseegee Recreation Center - (980-314-1115) 4820 Tuckaseegee Rd, 28208

1. WC Hill Bobcats 1

2. AR Pauldin Rams

3. HG Clark

4. WC Hill Bobcats 2

5. PAL 76ers

6. TC Titans Hardrick

7. MC Warriors

8. BW Shaw Jets

Date	Age	Location	Time	Home Team	Away Team
5-Jan	14U	Tuckaseegee	9:30am	WC Hill Bobcats 1	PAL 76ers
5-Jan	14U	Tuckaseegee	10:30am	BW Shaw Jets	WC Hill Bobcats 2
5-Jan	14U	Tuckaseegee	11:30am	TC Titans Hardrick	AR Pauldin Rams
5-Jan	14U	Tuckaseegee	12:30pm	HG Clark	MC Warriors
12-Jan	14U	Tuckaseegee	9:30am	WC Hill Bobcats 1	TC Titans Hardrick
12-Jan	14U	Tuckaseegee	10:30am	HG Clark	BW Shaw Jets
12-Jan	14U	Tuckaseegee	11:30am	MC Warriors	AR Pauldin Rams
12-Jan	14U	Tuckaseegee	12:30pm	WC Hill Bobcats 2	PAL 76ers
19-Jan	14U	Tuckaseegee	9:30am	TC Titans Hardrick	WC Hill Bobcats 2
19-Jan	14U	Tuckaseegee	10:30am	PAL 76ers	HG Clark
19-Jan	14U	Tuckaseegee	11:30am	AR Pauldin Rams	BW Shaw Jets
19-Jan	14U	Tuckaseegee	12:30pm	MC Warriors	WC Hill Bobcats 1
26-Jan	14U	Tuckaseegee	9:30am	PAL 76ers	MC Warriors
26-Jan	14U	Tuckaseegee	10:30am	BW Shaw Jets	TC Titans Hardrick
26-Jan	14U	Tuckaseegee	11:30am	AR Pauldin Rams	WC Hill Bobcats 2
26-Jan	14U	Tuckaseegee	12:30pm	HG Clark	WC Hill Bobcats 1
2-Feb	14U	Tuckaseegee	9:30am	TC Titans Hardick	HG Clark
2-Feb	14U	Tuckaseegee	10:30am	AR Pauldin Rams	PAL 76ers
2-Feb	14U	Tuckaseegee	11:30am	WC Hill Bobcats 2	WC Hill Bobcats 1
2-Feb	14U	Tuckaseegee	12:30pm	BW Shaw Jets	MC Warriors

Sports and Fitness Section

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Date	Age	Location	Time	Home Team	Away Team
9-Feb	14U	Tuckaseegee	9:30am	WC Hill Bobcats 2	HG Clark
9-Feb	14U	Tuckaseegee	10:30am	WC Hill Bobcats 1	AR Pauldin Rams
9-Feb	14U	Tuckaseegee	11:30am	PAL 76ers	BW Shaw Jets
9-Feb	14U	Tuckaseegee	12:30pm	MC Warriors	TC Titans Hardrick

Quick Nutrition Tips: Before game

"Parents rushing to a game, try dry cereal with fruit for your child pregame snack to get ready for competition." Fast Food Option Chick-fil-A grilled chicken nugget and fruit cup (1 hour before)

After game

Parents, try turkey sandwich with baked chips to refuel your child and to be ready for the next day."

Fast Food Option:

Subway 6" turkey breast sub with fruit

Upcoming Spring Youth Sports:

Baseball and track & field registration begin in February. For more information please contact your nearest Recreation Center or contact the Sports & Fitness staff on 980-314-1116 or email

Adult Sports:

Mecklenburg County Park and Recreation also provides recreational and competitive Adult Sports programs. Registration for spring programs begin in February. For more information please contact <u>AdultSports@MecklenburgCountyNC.gov</u> or visit our website at www.parkandrec.com